Explore Ulverston

01
The Sir John Barrow Monument
Grade II* listed structure with glorious views over Morecambe Bay, the Langdales and the Yorkshire Dales

02
Stan’s Ulverston town trail
Experience the historic market town of Ulverston as Stan Laurel, the town’s most famous son, would have known it

03
Six gentle walks around Ulverston
Explore the historic market town of Ulverston with six gentle walks, starting and ending at the Coronation Hall

How to find us
BY ROAD: Leave the Motorway at Junction 36 and follow the signs for Ulverston and Ulverston

BY BUS: There are regular bus connections to Ulverston. For timetables and fare enquiries telephone 0871 200 22 33

BY RAIL: The Furness Line, north from Lancaster or south from Carlisle is a scenic coastal journey, calling at Ulverston. Direct services from Manchester Airport to Barrow-in-Furness also call at Ulverston. For details of all public transport in Cumbria contact Traveline on 0871 200 22 33.

PLEASE REMEMBER

• Keep dogs under proper control.
• Guard against the risk of fire.
• Leave all gates as you find them.
• Keep dogs on a lead.
• Avoid damaging fences, hedges & keep to paths across farmland.
• Safeguard water supplies.
• Protect wildlife, plants and trees.
• Respect the countryside.

Visit www.visitulverston.com

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1 **Hoad Hill**

- Starting at the Coronation Hall, turn right, go down New Market Street and then left up the cobbled street to the Market Cross. Turn right and continue along King Street.
  - Cross straight over and up Cavendish Street.
  - At the top, cross over and turn left.
  - Cross the A590 and continue up over the railway bridge.
  - Just before the primary school, go right onto the path that leads to Swarthmoor Hall.
  - When you reach the stream you will see Swarthmoor Hall. Cross the stone bridge and go up the field to the Hall.
  - The Hall, the cradle of the Quaker movement, and its historic rooms are open to visitors. You can enjoy a well earned rest in the Barn Café.
  - Walk under the arch and left on to Swarthmoor Hall Lane. At the top turn left onto Urswick Road.
  - This will take you to the junction with Springfield Road. Turn left, walking past the high school and back towards town.
  - Vary your return route by taking the first right after the railway bridge, then first left into Kings Road.
  - Pass the Masonic Hall and at the library, turn left and cross the A590 back to the start.

2 **Ulverston Canal**

- 3 MILES / 2 HOURS APPROX / EASY PATHS

- Turn right out of the Coronation Hall and into New Market Street, then right into Market Street. Turn left into Union Street. Bear right into Hart Street. Continue along this road as it curves then turn left down Sunderland Terrace to join the main road. Cross carefully and turn down onto the canal towpath. The canal was built in 1796 to transport iron ore and slate.
  - The tow path is just over a mile long so enjoy a rest on a squirrel seat along the way. Halfway along the canal you can cross a disused railway line which served GlaxoSmithKline.
  - When you reach Morecambe Bay enjoy the views of Chapel Island, the Cartmel Peninsula, the Viaduct and the Lakeland Fells. Take a break on a squirrel seat or get refreshments at the pub but do not go onto the sands.
  - Turn left (north) with the bay to your right. The road bends to the left and has a concrete surface as it goes between houses to a gate and stile. Go over the stile and follow the grass path round keeping an old quarry to your right. Go over a stile in a wall and take the path ahead over a field keeping the telegraph poles to your left. As you reach a building veer left over the grass. There are trees to your left and Hoad Monument is to be seen straight ahead.
  - Go over a wooden stile by a gate and follow a path. It goes under a disused railway bridge which brings you to a lane. Turn left and walk along the lane to the A590 and back to the Town Centre.

3 **Swarthmoor Hall**

- Approx 1.4 miles (2.3 km) | Ascent 87 ft (26 m) (1 kissing gate and an uneven path with steps)

- Starting at the Coronation Hall, cross straight over and up Cavendish Street.
  - At the top, cross over and turn left.
  - Cross the A590 and continue up over the railway bridge.
  - Just before the primary school, go right onto the path that leads to Swarthmoor Hall.
  - When you reach the stream you will see Swarthmoor Hall. Cross the stone bridge and go up the field to the Hall.
  - The Hall, the cradle of the Quaker movement, and its historic rooms are open to visitors. You can enjoy a well earned rest in the Barn Café.
  - Walk under the arch and left on to Swarthmoor Hall Lane. At the top turn left onto Urswick Road.
  - This will take you to the junction with Springfield Road. Turn left, walking past the high school and back towards town.
  - Vary your return route by taking the first right after the railway bridge, then first left into Kings Road.
  - Pass the Masonic Hall and at the library, turn left and cross the A590 back to the start.

4 **Birkrigg**

- Approx 1.7 miles (2.7 km) | Ascent 77 ft (23 m) (includes 1 kissing gate)

- Starting at the Coronation Hall, cross straight over and up Cavendish Street.
  - At the top, cross over and turn left.
  - Cross the A590 and continue up over the railway bridge, pass the high school.
  - Just before the petrol station turn left into Bigland Drive then the next right turn, leading to the start of a footpath.
  - On the path bear left and follow until you reach a road.
  - Turn right then, cross the road and take the next left - another path. This will take you all the way to Birkrigg Common.
  - There are several paths that cross-cross the common that you can take. The map outlines one route that takes you pass a double stone circle. However get as high as possible to enjoy panoramic views of Morecambe Bay and the Lake District Fells.
  - Return on the route you took or walk towards Bardsea to continue the circular tour.