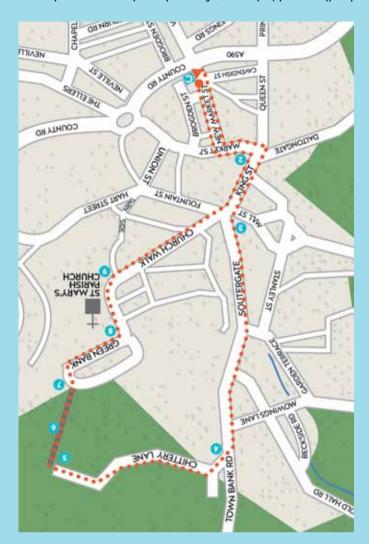
and a right to get back to the start. to King Street. Walk to the Market Cross then do a left • Turn right onto Church Walk. This brings you back on

Parish Church is on the left). 8 At the end bear left down a small lane (St Mary's

the road and turn right. O Continue down through a second gate, walk down to

views of Morecambe Bay. leading to a kissing gate from where there are good



Explore Ulverston

The Sir John Barrow Monument

Grade II* listed structure with glorious views over Morecambe Bay, the Langdales and the Yorkshire Dales



Stan's Ulverston town trail

Experience the historic market town of Ulverston as Stan Laurel, the town's most famous son, would have known it



A tour of Ulverston - from coast to hills

11 mile circular walk around Ulverston with extensive views of Morecambe Bay and the surrounding fells and mountains







the very bottom left hand corner of the field onto a path • Take a rest and look out over the town, then walk to

the Sir John Barrow Monument and Hoad Hill. stay at the bottom and read the information board about known as Little Hoad. Unless you want a longer walk, The lane eventually leads to the bottom of a hilly field

• Turn right to go towards Hoad.

way up Soutergate until you get to Chittery Lane; 9 Pass the Kings Arms Pub and turn left. Walk all the

Turn right and continue along King Street.

the Market Cross. New Market Street and then left up the cobbled street to Starting at the Coronation Hall, turn right, go down

Approx 1.6 miles (2.5 km) | Ascent 181 ft (55 m) (Includes 2 kissing gates and 1 field)

bsoH əlttil 4

to where you started the walk. to the Market Cross. A left and a right will get you back 8 Bear left into Mill Street then right at King Street, back

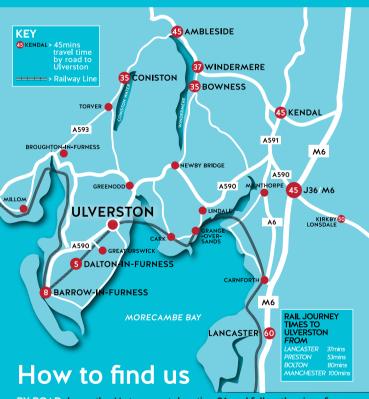
kept and as far as Mill Dam housing, then turn right down in front of the Health Centre. This leads back into © Go past the walled pinfold where lost animals were

a stream, then turn right then left down Garden Terrace. 6 At the far end, cross over and peep over the wall to see

hedges leading to Beckside Road. of houses, turn right down a little path between privet and Chandlers Cottages. Immediately before a line S At the road turn right and go down past Candlewyck

field and through another gate. path for half a mile; it takes you through a gate, across a several mills that were powered by water. Follow the history of Ulverston as the wealth of the town relied on Gill Banks stream. The stream was important to the Take the way out of The Gill, which leads alongside.

Ulverston to Carlisle).



BY ROAD Leave the Motorway at Junction 36 and follow the signs for

BY BUS There are regular bus connections to Ulverston. For timetables and fare enquiries telephone 0871 200 22 33

BY RAIL The Furness Line, north from Lancashire or south from Carlisle is a scenic coastal journey, calling at Ulverston. Direct services from Manchester Airport to Barrow-in-Furness also call at Ulverston.

For details of all public transport in Cumbria contact Travel Line on 0871 200 22 33 **or** www.traveline.info Calls to Traveline from BT landlines cost 10p plus network extras. Costs of other providers may vary.

FURTHER INFORMATION For enquiries about transport, booking accommodation or events, please go to www.visitulverston.com

- Leave no litter
- Guard against the risk of fire
- Leave all gates as you find them
- Keep dogs under proper control
- Avoid damaging fences, hedges & keep to paths across farmland
- Safeguard water supplies
- Protect wildlife, plants and trees Respect the countryside





www.visitulverston.com www.ulverstoncouncil.org.uk



Cumbria Way marker (the start of a 75 Mile walk from you reach the open area known as The Gill. With the old Sunday School building on your left, walk towards the 3 Turn up first left onto Upper Brook Street; continue till

then right onto King Street. • Turn left up the cobbled street to the Market Cross,

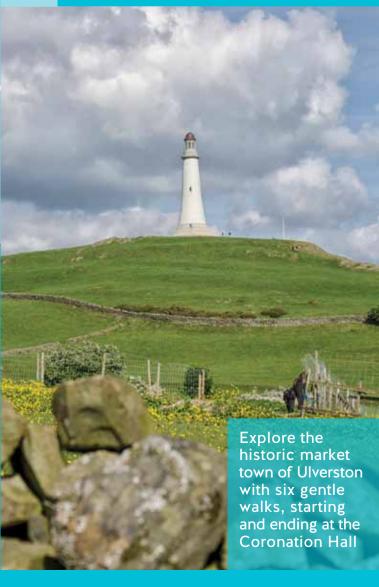
Starting at the Coronation Hall, turn right past the post office and walk down New Market Street.

Includes 2 kissing gates and 1 field Approx 1.8 miles (2.8 km) | Ascent 129 ft (39 m)

1 Gill Banks



Six gentle walks around Ulverston



visitulverston.com

Ford Park

Approx 1.6 miles (2.5 km) | Ascent 119 ft (36 m) (No fields or gates. Occasionally events at Ford Park may mean that the way through is closed)

- C Starting at the Coronation Hall, turn right past the Post Office and go right into Cross Street, then turn left.
- 2 At the end of Brogden Street cross over and take the small road down the side of the Co-op.
- 3 Continue in a straight line through to the end of the car park and turn right onto Fountain Street.
- Walk along to Jacksons antiques in the Oddfellows Hall. Turn left and read the blue plaque for some local history.
- Continue straight up Tarnside (it crosses Back Lane) and walk towards the school and church.

- From the main gates of St. Mary's Parish Church, take the middle graveyard path, keeping the Church on your left.
- Continue straight past St. Mary's Hospice to the gates leading up Hoad Hill. You can extend your walk by going on to the hill, but this walk takes you slightly past the gates then turn sharp right into the grounds of Ford Park Community Centre.
- 3 Just after the main house there is a little stony zig zag path into the trees on the right, explore it if you want to you won't get lost. Then go down the drive and carry straight on back into town.
- **9** At the Oddfellows Hall turn left down Union Street, then take a right and a left back to the start



4 Ulverston Canal

Approx 3.8 miles (6.2 km) | Ascent 111 ft (34 m)

- Starting at the Coronation Hall, turn left and cross over the A590. Turn left, go down the A590 to the crossing by the roundabout.
- Cross over and continue on County Road (A590).
- After you cross the junction with North Lonsdale Terrace the A590 becomes Canal Street, indicating you should look right to see Canal Head. Carry on until you see the opening to your right marked by a sign post.
- Walk down to Canal Head and continue down the tow path. The path is suitable for wheelchairs. Please note that cyclists also use the tow path, as does the occasional car for access.
- **5** About mid-way is a footbridge.

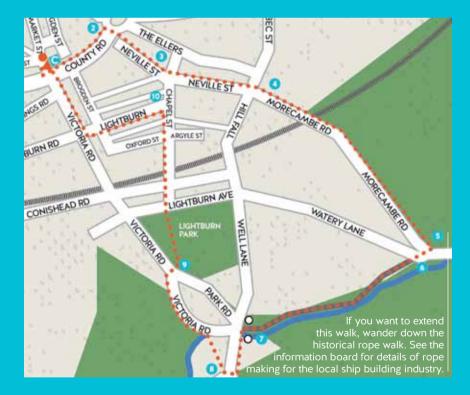


6 At Canal Foot you'll find the Bay Horse Hotel, which used to be the staging post for the coaches that crossed Morecambe Bay in the 18th century. There are endless variations for walks if you are willing to explore the nearby footpaths and lanes. Circular routes can be followed both to the north and south of the Canal. However the easiest route is to walk back up the tow path.

5 Rope Walk

Approx 1.7 miles (2.7 km) | Ascent 77 ft (23 m) (Includes 1 kissing gate)

- Starting at the Coronation Hall, turn left and left again, go down the A590 to the crossing before the roundabout.
- Cross over. On the front wall of the former police station you will find the old market traders measures.
- **3** Continue down Neville Street and straight down after the Methodist Church.
- At the cross roads go over and down Morecambe Road and under the railway bridge. Admire the allotments and the view.
- At the end of Morecambe Road is Fitz Bridge and the start of the Outcast Rope Walk.
- This walk now goes upstream, so at the end of Morecambe Road, cross over and walk in front of 5 garages then turn left and through the kissing gate.
- ₱ Follow the path alongside Dragley Beck. This comes out at Well Lane. At the road, turn left and walk for 100m then cross to Sir John Barrow's Cottage. (Sir John Barrow was born in 1764 and the monument on Hoad Hill commemorates him).
- At the far side of the cottage there is a narrow lane, it takes you over the beck again to Victoria Road, then you need to bear left. At the junction you will see Lightburn Park, cross over and go in the gate slightly to the right.
- In the park, bear left and leave the park through some grey metal gates. Walk slightly left then cross and go along Chapel Street and under the railway bridge. Stan Laurel, was born on Argyle Street the next right. See the blue plaque on his house.
- Then continue on Chapel Street take the next left up Lightburn Road to the old cattle market on the left and the Catholic Church on the right. Turn right then cross back over the A590 back to the start.



that leads to Swarthmoor Hall.

- Pause when you reach the stream. Ahead you can see Swarthmoor Hall, the cradle of the Quaker movement. If you want to extend this walk, cross the stone bridge and go up the field to the Hall, otherwise take the small gate just before the bridge.
- **6** The pretty woodland path goes down stream, enjoy the wild flowers in the spring. At the end of the wood go through a small gap in the wall and turn left.
- Walk past the high school and back towards the start.
- **3** You could vary your return route by taking the first right after the railway bridge, then first left into Kings Road.
- **9** Pass the Masonic Hall and at the library, turn left and cross the A590 back to the start.

6 Swarthmoor Hall Woods

Approx 1.4 miles (2.3 km) | Ascent 87 ft (26 m) (1 kissing gate and an uneven path with steps)

- Starting at the Coronation Hall, cross straight over and up Cavendish Street.
- 2 At the top, cross over and turn left.
- **3** Then cross the A590 and continue up over the railway bridge.
- 4 Just before the primary school, go right onto the path

